

Treloar Shield Round 5 – SOPAC

Saturday 25th November 2023

Athlete	Event	Performance	Place	No. of Competitors
Iram Palma	Open Men 100m	10.86s	3	60
Riley Crawford	Open Men 100m	11.68s	35	60
Izobelle Louison-Roe	Open Women Triple Jump 11&13 board	12.64m	1	2
Scarlet Mitchell	U18 Women 100m Hurdles (76cm)	16.46s	3	4
	U18 Women 100m	13.55s	17	22
Remy Mitchell	U15 Men 90m Hurdles (76cm)	14.14s	2	5
	U15 Men Discus	28.67m	7	9
	Open Men Pole Vault 1.80m Start	2.55m Broke U14 Men St George Record	3	3
Matthew Miljak	U15 Men 100m	13.11s	24	31
Kelly Lewis	U15 Men High Jump 1.45m Start	1.75m	1	7
Jade Strahl	U15 High Jump 1.45m Start	1.50m	3	3
	U15 Women Triple Jump 7&9	11.69m Broke U14 Women St George Record	1	15
Mikayla Kludass	U15 Women Triple Jump 7&9	10.54m	5	15
	U15 High Jump 1.15m Start	1.45m	3	10
Robyn Basman	Masters 50+ Women 1500m	6:08.36s	4	9
St George District Athletic Club Remy Mitchell Matthew Miljak	U15 Men 2 x 200m Relay	54.98s	2	5
St George District Athletic Club Iram Palma Riley Crawford	Open Men 2 x 200m Relay	46.45s	4	6