

2023 NSW TRACK & FIELD RELAY CHAMPIONSHIPS

17/11/2023 – 19/11/2023 SOPAC

Gold Medals x 3

Silver Medals x 1

Total Medals = 8

Bronze Medals x 4

21 Teams

43 Competitors

EVENT	TEAM	RESULT	PLACE
Open Women 4 x Javelin	Bianca Packer Hayley Blanch Camryn Harland Lili MacPherson	43.79m 42.29m 37.35m 36.96m Total – 160.33m Broke St George Record	Gold Medal Broke the NSW Open Women State Record
Open Mixed 4 x 100m	Luke McKay Iram Palma Izobelle Louison-Roe Jade Johnston-Mitrevska	-	DQ
Open Men 4 x 100m	Luke Goschnik Luke McKay Iram Palma Jade Johnston-Mitrevska	H – 48.56s	18th
U20 Men 4 x 100m	Riley Crawford Izobelle Louison-Roe Sean Vaisbein Sam Humphreys	45.70s	Bronze Medal
U20 Men 4 x 200m	Riley Crawford Sean Vaisbein Sam Humphreys Matthew Miljak	1:39.82s	4th
U18 Women 4 x Javelin A	Hayley Blanch Camryn Harland Amanda Dapas Madison Cornish	42.42m 35.81m 33.27m 31.55m Total – 143.05m	Gold Medal
U18 Women 4 x Javelin B	Charli Whitbread Bronte Whitbread Scarlet Mitchell Grace Vanderwey	24.55m 23.09m 23.05m 20.97m Total – 91.66m	7th
U18 Men 4 x Javelin	Kye Wright Caleb Simmons Vaidas Levi Kade Mudadana	43.88m 43.38m 36.28m 26.78m Total – 150.32m	Bronze Medal

U18 Men 4 x High Jump	Izobelle Louison-Roe Matthew Lemos Kelly Lewis Oliver Buikema	1.85m 1.80m 1.75m 1.65m Total – 7.05m New Record St George	Broke U18 Female St George Record 4th
U18 Men 4 x Long Jump	Armad Karnib Kelly Lewis Oliver Buikema Mahley Louison-Roe	5.69m 5.10m 5.04m 3.97m Total – 19.80m	9th
U18 Women 4 x Shot Put A	Madison Cornish Camryn Harland Hayley Blanch Keasi Dilo	11.18m 10.92m 10.41m 9.55m Total – 41.40m	Bronze Medal
U18 Women 4 x Shot Put B	Scarlet Mitchell Jade Strahl LilliyKate Mewton Grace Vanderwey	9.74m 9.46m 9.10m 7.21m Total – 35.51m	7th
U16 Women 4 x 200m	Tahlee Kostanti Scarlet Mitchell Jade Strahl Madison Cornish	1:49.63s Broke St George Record	6th
U16 Women 4 x 100m	Tahlee Kostanti Scarlet Mitchell Jade Strahl Madison Cornish	51.01s Broke St George Record	10th
U16 Mixed 4 x 100m	Tahlee Kostanti Scarlet Mitchell Remy Mitchell Aidan Montana	-	DNF
U14 Women 4 x Long Jump	Jade Strahl Mikayla Kludass Madison Cornish Eve Allsopp	5.34m 4.68m 4.50m 4.17m Total – 18.69m Broke St George Record	Broke U14 Female St George Record Bronze Medal
U14 Women 4 x Shot Put	Madison Cornish LilliyKate Mewton Jade Strahl Grace Vanderwey	11.09m 9.17m 8.61m 7.28m Total – 36.15m	Gold Medal
U14 Women 4 x Discus	Jade Strahl LilliyKate Mewton Madison Cornish Mikayla Kludass	29.18m 25.98m 21.98m 18.30m Total – 95.44m	Silver Medal

U14 Men 4 x 100m	Matthew Miljak Mahley Louison-Roe Remy Mitchell Aidan Montana	50.15s Broke St George Record	4th
U14 Men 4 x 200m	Owen Lovell-Ward Mahley Louison-Roe Remy Mitchell Aidan Montana	1:48.45s	5th
U14 Men 4 x Long Jump	Jeffrey Siu Mahley Louison-Roe Jafar Karnib Vaidas Levi	5.01m 4.26m 3.95m Foul Total – 13.22m	4th