

# ST GEORGE ATHLETICS CLUB RECORDS

## Open Senior Female

| Date       | Name                    | Event                 | Results       |
|------------|-------------------------|-----------------------|---------------|
| 31/03/2023 | Jade Johnston-Mitrevska | 100m                  | 12.06s        |
| 05/11/2022 | Jade Johnston-Mitrevska | 200m                  | 24.21s        |
| 25/03/2001 | Phoebe Gunning          | 400m                  | 56.22s        |
| 02/03/2014 | Bridey Delaney          | 800m                  | 2m 05.18s     |
| 19/03/2011 | Bridey Delaney          | 1500m                 | 4m 10.32s     |
| 21/04/2012 | Bridey Delaney          | 1 Mile                | 4m 34.14s     |
| 07/11/2015 | Bridey Delaney          | 3000m                 | 9m 09.85s     |
| 19/11/2016 | Bridey Delaney          | 5000m                 | 16m 03.28s    |
| 08/12/2016 | Bridey Delaney          | 10000m                | 33m 04.72ss   |
| 11/02/1995 | S. Liku                 | 100m Hurdles (0.840m) | 14.39s        |
| 27/02/2000 | Ursula Rodway           | 400m Hurdles          | 1m 00.24s     |
| 05/02/1994 | Anne Manning            | 3000m Walk            | 12m 29.20s    |
| 17/02/1996 | Anne Manning            | 5000m Walk            | 21m 23.07s    |
| 21/01/1996 | Anne Manning            | 10000m Walk           | 44m 27s       |
| 01/07/2007 | Katherine Conder        | 3000m Steeplechase    | 10m 58.15s    |
| 24/05/1998 | Sylvia Rose             | Half Marathon         | 1h 15m 18s    |
| 12/07/1998 | Sylvia Rose             | Marathon              | 2h 39m 00.29s |
| 22/11/2009 | Alix Kennedy            | Discus 1kg            | 46.32m        |
| 19/03/2016 | Grace Robinson          | Shot Put 4kg          | 14.27m        |
| 14/01/2006 | Zoe Pelbart             | Javelin 600g          | 53.32m        |
| 05/10/2014 | Samantha Latanis        | Hammer 4kg            | 35.33m        |
| 12/12/1998 | Carly Bartlett          | High Jump             | 1.73m         |
| 11/02/1995 | S. Liku                 | Long Jump             | 6.23m         |
| 30/11/2008 | Christie Douglas        | Triple Jump           | 11.73m        |
| 20/03/2009 | Laura Flynn             | Pole Vault            | 2.80m         |
| 01/10/1998 | Ursula Rodway           | Heptathlon            | 4476pts       |

## Open Senior Female Relays

|            |                                                                                      |                                              |            |
|------------|--------------------------------------------------------------------------------------|----------------------------------------------|------------|
| 11/03/2001 | S. El Gawley, L. Bartlett,<br>C. Bartlett, J. Brooks                                 | 4 x 100m Relay                               | 51.73s     |
| 11/12/1992 | B. Otto, D. Ferraro, U. Rodway,<br>G. Templeton                                      | 4 x 200m Relay                               | 1m 46.38s  |
| 18/12/1993 | K. Hall, H. Moore, U. Rodway, C.<br>Williams                                         | 4 x 400m Relay                               | 3m 58.68s  |
| 12/11/1992 | M. Buckley, R. Carne, C. Williams<br>L. Zammarrelli                                  | 4 x 800m Relay                               | 9m 13.02s  |
| 27/11/1988 | C. Batman, L. Bennett, M. Dovey,<br>B. Mrakovic                                      | 4 x 1500m Relay                              | 20m 16.96s |
| 24/11/2001 | A. Bray, L. Bartlett, C. Barlett, E.<br>Stratford                                    | 4 x Medley Relay<br>(200m, 200m, 400m, 800m) | 4m 28.70s  |
| 21/11/2021 | Sarah Ding, Leonie Renwick Bara;<br>Jade Johnston-Mitrevska,<br>Izobella Louison-Roe | 4 x Long Jump Relay                          | 20.34m     |
| 18/11/2008 | S. Kelly, C. Douglas, Z. Schubert,<br>S. Riggs                                       | 4 x High Jump Relay                          | 6.09m      |
| 27/11/2016 | Grace Robinson, Nicole Harris,<br>Samantha Latanis, Tanya Minutolo                   | 4 x Shot Put Relay                           | 41.77m     |
| 21/11/2009 | A. Kennedy, R. Ewe, A. Iosefo,<br>N. Iosefo                                          | 4 x Discus Relay                             | 146.08m    |
| 25/11/2018 | Jasmin Lockwood, Olivia Hayes,<br>Emily Markoski, Georgia Portelli                   | 4 x Javelin Relay                            | 154.28m    |