

# NSW Junior Championships 2023 - SOPAC

Friday – Sunday February 24th – 26th 2023

Athlete	Event	Performance	Place	No. of Competitors
Bronte Whitebread	Women U13 Javelin	18.33m	4th	9
Charli Whitebread	Women U13 Javelin	12.60m	8th	9
Lilly Molachino	Women U13 800m	2:31.67s	4th	11
Mahley Louison-Roe	Men U14 High Jump	1.50m	4th	8
	Men U14 Triple Jump	10.33m	<b>Bronze Medal</b>	7
	Men U14 Long Jump	4.73m	5th	10
Madison Cornish	Women U14 Javelin	34.70m	<b>Silver Medal</b>	16
	Women U14 Shot Put	10.71m	<b>Gold Medal</b>	10
	Women U14 Discus	28.18m	<b>Bronze Medal</b>	12
Sara El-Helou	Women U14 Javelin	26.79m	8th	16
Grace Vanderway	Women U14 Javelin	19.66m	14th	16
Mikayla Kludass	Women U14 Long Jump	4.70m	5th	12
	Women U14 Javelin	26.17m	9th	16
	Women U14 Triple Jump	10.71m	<b>Silver Medal</b>	13
	Women U14 High Jump	1.45m	<b>Bronze Medal</b>	11
Vaidas Levi	Men U14 Javelin	28.47m	<b>Bronze Medal</b>	11
	Men U14 Long Jump	4.53m	6th	10
	Men U14 High Jump	1.50m	<b>Silver Medal</b>	8
Remy Mitchell	Men U14 90m Hurdles	15.15s	<b>Bronze Medal</b>	6
	Men U14 Javelin	25.43m	5th	11
Jade Strahl	Women U14 Long Jump	4.70m	4th	12
	Women U14 Triple Jump	10.68m	<b>Bronze Medal</b>	13
	Women U14 High Jump	1.50m	<b>Silver Medal</b>	11
Lilliykate Mewton	Women U14 Shot Put	9.36m	6th	10
	Women U14 Discus	25.18m	6th	12
Rhema Adelaja	Women U14 200m	25.80s – Heat <b>25.06s – Final Broke U14 St George Record</b>	<b>Gold Medal</b>	21
Layla White	Women U14 800m	2:29.72s	12th	21
Amanda Dapas	Women U15 Javelin	33.96m	<b>Bronze Medal</b>	12
Olivia Kalamvokis	Women U15 1500m	4:57.81s	7th	20
Camryn Harland	Women U16 Javelin	33.87m	<b>Bronze Medal</b>	12

Kingston Yavala	Men U16 100m Hurdles	14.16s - Final	<b>Silver Medal</b>	9
Scarlet Mitchell	Women U16 90m Hurdles	13.70s – Heat 14.03s- Final	8th	13
	Women U16 200m Hurdles	31.29s – Final	5th	7
	Women U16 Long Jump	4.34m	13th	14
Jacob Pearson	Men U17 3000m	9:49.45s -Timed Final	14th	19
Lucas Miljak	Men U17 100m	11.88s – Heat	20th	29
	Men U17 200m	23.61s - Heat	13th	24
Erik Hamlat	Men U17 100m	11.48s - Heat	11th	29
Izobelle Louison-Roe	Women U17 100m Hurdles	14.16s – Heat 14.05s - Final	<b>Gold Medal</b>	14
	Women U17 Long Jump	<b>5.82m – Broke St George U18 Record</b>	<b>Gold Medal</b>	18
	Women U17 Triple Jump	<b>12.83m – Broke U18 St George Record &amp; NSW U17 Record</b>	<b>Gold Medal</b>	9
	Women U17 High Jump	<b>1.82m - Broke St George U18 Record</b>	<b>Gold Medal</b>	11
Blake Jenkins	Men U18 100m	12.61s- Heat	28th	29
	Men U18 Javelin	37.69m	7th	8
Dante Saiz	Men U18 100m	12.89s- Heat	29th	29
Joseph Karam	Men U18 100m	11.39s- Heat	15th	29
	Men U18 200m	22.73s – Heat 22.93s - Final	7th	23
Keira Bauer	Women U18 3000m	10:50.27s	7th	12
	Women U18 1500m	5:04.54s	8th	12
Hayley Blanch	Women U18 Javelin	41.40m	<b>Bronze Medal</b>	4
Cohen Thompson-Andrews	Men U18 800m	2:04.12s	9th	15
Lili Macpherson	Women U20 Javelin	37.84m	5th	9
Bianca Packer	Women U20 Javelin	41.78m	<b>Silver Medal</b>	9
Joy Levy	Women U20 Discus	39.00m	<b>Bronze Medal</b>	6
Gordon Damcevski	Men U20 100m	11.38s – Heat	21st	42
	Men U20 200m	22.99s - Heat	20th	35
Ada Rand	Women U20 1500m	4:51.85s	<b>Gold Medal</b>	7