

# NSW 5000m Championships & supporting events – SOPAC Warm Up Track

Saturday 12th February 2023

Athlete	Event - Open	Performance	Place	No. of Competitors
Jacob Pearson	Men 5000m E Race	17:04.41s	9	21
Jose Carvalho	Men 5000m F Race	19:32.25s	9	20
Frank Scorzelli	Men 5000m F Race	23:09.63s	19	20
Izobelle Louison-Roe	Women High Jump	1.75m	2	15
Jade Strahl	Women High Jump Women Triple Jump	1.50m 10.41m	9 5	15 7