

# Illawong High Velocity Meet II – Barden Ridge

## Saturday 7th January 2023

Athlete	Event	Performance	Place	No. of Competitors
Gordan Damcevski	Open Men 200m	22.28s	19	84
Erik Hamlat	Open Men 100m Open Men 200m	11.51s 23.92s	67 53	125 84
Lucas Miljak	Open Men 100m Open Men 200m	11.58s 23.86s	73 52	125 84
Blake Jenkins	Open Men 100m Open Men 200m	12.45s 26.05s	105	125 84
Matthew Miljak	Open Men 100m Open Men 200m	13.73s 28.70s	118	125 84
Mahley Louison-Roe	Open Men High Jump 1.20m Start Open Men Triple Jump 5m,7m,9m	1.45m 9.77m	2 4	6 8
Izobelle Louison-Roe	Open Women High Jump 1.70m Start Open Women Triple Jump 11m, 13m	1.70m <b>12.36m</b> <b>Broke U18</b> <b>St George Record</b>	2 1	2 7
Jade Strahl	Open Women High Jump 1.20m Start Open Women Triple Jump 5m,7m,9m	1.45m 10.04m	7 7	18 13
Scarlet Mitchell	Women U16 90m Hurdles (0.762cm) Women U16 Shot Put 3kg	13.73s 9.33m	5 3	11 4
Remy Mitchell	Men U14 90m Hurdles (0.762cm) Men U14 Shot Put 3kg	17.47s 7.79m	2 2	3 3