

ST GEORGE ATHLETICS CLUB RECORDS

Open Senior Female

Date	Name	Event	Results
04/01/1991	Catherine Williams	100m	12.30s
18/02/1996	Alison di Rosa	200m	25.23s
25/03/2001	Phoebe Gunning	400m	56.22s
02/03/2014	Bridey Delaney	800m	2m 05.18s
19/03/2011	Bridey Delaney	1500m	4m 10.32s
21/04/2012	Bridey Delaney	1 Mile	4m 34.14s
07/11/2015	Bridey Delaney	3000m	9m 09.85s
19/11/2016	Bridey Delaney	5000m	16m 03.28s
08/12/2016	Bridey Delaney	10000m	33m 04.72ss
11/02/1995	S. Liku	100m Hurdles (0.840m)	14.39s
27/02/2000	Ursula Rodway	400m Hurdles	1m 00.24s
05/02/1994	Anne Manning	3000m Walk	12m 29.20s
17/02/1996	Anne Manning	5000m Walk	21m 23.07s
21/01/1996	Anne Manning	10000m Walk	44m 27s
01/07/2007	Katherine Conder	3000m Steeplechase	10m 58.15s
03/07/2011	Belinda Martin	Half Marathon	1h 15m 21s
12/07/1998	Sylvia Rose	Marathon	2h 39m 00.29s
22/11/2009	Alix Kennedy	Discus 1kg	46.32m
19/03/2016	Grace Robinson	Shot Put 4kg	14.27m
14/01/2006	Zoe Pelbart	Javelin 600g	53.32m
05/10/2014	Samantha Latanis	Hammer 4kg	35.33m
12/12/1998	Carly Bartlett	High Jump	1.73m
11/02/1995	S. Liku	Long Jump	6.23m
30/11/2008	Christie Douglas	Triple Jump	11.73m
20/03/2009	Laura Flynn	Pole Vault	2.80m
01/10/1998	Ursula Rodway	Heptathlon	4476pts

Open Senior Female Relays

11/03/2001	S. El Gawley, L. Bartlett, C. Bartlett, J. Brooks	4 x 100m Relay	51.73s
11/12/1992	B. Otto, D. Ferraro, U. Rodway, G. Templeton	4 x 200m Relay	1m 46.38s
18/12/1993	K. Hall, H. Moore, U. Rodway, C. Williams	4 x 400m Relay	3m 58.68s
12/11/1992	M. Buckley, R. Carne, C. Williams L. Zammarrelli	4 x 800m Relay	9m 13.02s
27/11/1988	C. Batman, L. Bennett, M. Dovey, B. Mrakovic	4 x 1500m Relay	20m 16.96s
24/11/2001	A. Bray, L. Bartlett, C. Barlett, E. Stratford	4 x Medley Relay (200m, 200m, 400m, 800m)	4m 28.70s
21/11/2021	Sarah Ding, Leonie Renwick Bara; Jade Johnston-Mitrevska, Izobella Louison-Roe	4 x Long Jump Relay	20.34m
18/11/2008	S. Kelly, C. Douglas, Z. Schubert, S. Riggs	4 x High Jump Relay	6.09m
27/11/2016	Grace Robinson, Nicole Harris, Samantha Latanis, Tanya Minutolo	4 x Shot Put Relay	41.77m
21/11/2009	A. Kennedy, R. Ewe, A. Iosefo, N. Iosefo	4 x Discus Relay	146.08m
25/11/2018	Jasmin Lockwood, Olivia Hayes, Emily Markoski, Georgia Portelli	4 x Javelin Relay	154.28m