

## NSW 5000m Championships & supporting events – SOPAC

Saturday 12th February 2022

Athlete	Event - Open	Performance	Place	No. of Competitors
Nathan Breen	Men 5000m Championship Race	14:40.14s	12	18
Jose Carvalho	Men 5000m E Race	18:54.59s	8	19
Andrew Goschnik	Men 400m	48.17s	1	14
Ada Rand	Women 800m	2:12.75s	4	20

## Illawong Track Challenge – The Ridge Athletics Track

Saturday 12th February 2022

Athlete	Event - Open	Performance	Place	No. of Competitors
Scarlet Mitchell	Women 90m Hurdles (0.762cm)	15.25s	6	9
	Women Long Jump	4.36m	12	14
Luke Goschnik	Men 100m	11.00s	11	101
Jay Louison-Roe	Men 100m	11.05s	15	101
	Men Long Jump	6.71m	3	9
Gordan Damcevski	Men 100m	11.37s	31	101
	Men 200m	23.04s	15	51
Luke McKay	Men 100m	11.38s	32	101
	Men 200m	23.35s	18	51
Nick Muir	Men 100m	11.72s	50	101
	Men 200m	23.52s	24	51
Iram Palma	Men 100m	11.81s	58	101
	Men 200m	24.64s	38	51
Riley Crawford	Men 100m	11.82s	60	101
	Men 200m	23.93s	31	51
Tashi East	Men 100m	12.08s	72	101
	Men 200m	24.81s	40	51
Lucas Miljak	Men 100m	12.48s	85	101
Alexander Paras	Men 1500m	4:31.47	10	17